

Hamilton County ADAS SFY 2003 Treatment Outcomes

The Hamilton County ADAS Board, in collaboration with its treatment providers, has selected five core clinical outcomes areas, based on the outcomes areas under development nationally at the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration. As of July 1 2002, ADAS treatment providers have been required to collect data in these five areas for all adult clients. A data set reflecting these outcomes has been incorporated into CMHC (the ADAS MIS system, also used for billing and client demographics). Providers collect this data set on all clients at admission, and again at discharge. This allows the ADAS Board to track progress in these five areas for every adult client from intake to discharge. The system can be expanded in the future to include long term follow-up after discharge. Following is a summary of initial results in the five core areas.

- Treatment Completion: 34% of clients discharged in FY 2003 had completed treatment.
- Frequency of Drug Use: Clients showed a statistically significant increase in number of consecutive days of sobriety from admission to discharge. Refinements in data collection should give us a better idea next year of how much sobriety clients are gaining from treatment.
- Legal Involvement (arrests): Data collection improvements are needed before results can be obtained.
- Living Situation (stable housing): The number of clients living in their own home or apartment doubled from admission to discharge. The number of clients who were homeless dropped 66%. There was also a 50% increase in the number of clients living with a relative or friend. (See chart for client counts.)
- Employment: There was a 24% increase from admission to discharge in the number of clients working full time. (See chart for client counts.)

The following chart gives the numbers of clients in various situations, before and after treatment, out of a total sample of 702:

	Admission	Discharge	% change
Living in own home or apartment	150	303	102
Homeless	158	53	-66
Living with relative or friend	141	209	48
Employed (full time)	225	279	24