



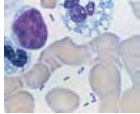





## BIOTERRORIST AGENTS

### WATCH FOR THESE SYMPTOMS



| Disease  | Signs & Symptoms  | Incubation Time (Range)   | Person-to-Person Transmission  | Isolation  | Diagnosis   | Postexposure Prophylaxis for Adults  | Treatment for Adults  |
|--|---|---|--|--|---|--|---|
| <b>Anthrax</b><br><i>Bacillus anthracis</i><br><b>A. Inhalation</b><br><br><br><b>B. Cutaneous</b><br><br><br><b>C. Gastrointestinal (GI)</b><br> | <p>Flu-like symptoms (fever, fatigue, muscle aches, dyspnea, nonproductive cough, headache), chest pain; possible 1-2 day improvement then rapid respiratory failure and shock. Meningitis may develop.</p> <p>Intense itching followed by painless papular lesions, then vesicular lesions, developing into eschar surrounded by edema.</p> <p>Abdominal pain, nausea and vomiting, severe diarrhea, GI bleeding, and fever.</p> | <p>1 to 6 days (up to 6 wks)</p> <p>1 to 12 days</p> <p>1 to 7 days</p>         | <p>None</p> <p>Direct contact with skin lesions may result in cutaneous infection.</p> <p>None</p>   | <p>Standard Precautions</p> <p>Contact Precautions</p> <p>Standard Precautions</p> | <p>Chest x-ray evidence of widening mediastinum; obtain sputum and blood culture. Sensitivity and specificity of nasal swabs unknown - do not rely on for diagnosis.</p> <p>Peripheral blood smear may demonstrate gram positive bacilli on unspun smear with sepsis.</p> <p>Culture blood and stool.</p> | <p>Prophylaxis for 60 days:</p> <p>Ciprofloxacin* 500 mg PO q 12h<br/>Or Doxycycline 100 mg PO q 12h</p> <p>Alternative (if strain susceptible and above contraindicated):<br/>Amoxicillin 500 mg PO q 8h<br/>*<i>In vitro</i> studies suggest that Levofloxacin 500 mg PO q 24h<br/>Or Gatifloxacin 400 mg PO q 24h<br/>Or Moxifloxacin 400 mg PO q 24h could be substituted</p> <p>Recommendations same for pregnant women and immunocompromised persons</p> | <p>Inhalation anthrax</p> <p>Combined IV/PO therapy for 60d</p> <p>Ciprofloxacin 500 mg q 12h<br/>Or Doxycycline 100 mg q 12h, AND<br/>1 or 2 additional drugs (vancomycin, rifampin, imipenem clindamycin, chloramphenicol, clarithromycin, and if susceptible penicillin or ampicillin</p> <p>Cutaneous anthrax<br/>Ciprofloxacin 500 mg PO q 12h<br/>Or Doxycycline 100 mg PO 12h</p> <p>Recommendations same for pregnant women and immunocompromised persons</p> |
| <b>Botulism</b><br>botulinum toxin<br>  | <p>Afebrile, excess mucus in throat, dysphagia, dry mouth and throat, dizziness, then difficulty moving eyes, mild pupillary dilation and nystagmus, intermittent ptosis, indistinct speech, unsteady gait, extreme symmetric descending weakness, flaccid paralysis; generally normal mental status.</p>   | <p>Inhalation:<br/>12-80 hours</p> <p>Foodborne:<br/>12-72 hours (2-8 days)</p> | <p>None</p>  | <p>Standard Precautions</p>  | <p>Laboratory tests available from CDC or Public Health Dept; obtain serum, stool, gastric aspirate and suspect foods prior to administering antitoxin. Differential diagnosis includes polio, Guillain Barre, myasthenia, tick paralysis, CVA, meningococcal meningitis.</p>                             | <p>Pentavalent toxoid (types A, B, C, D, E) 0.5 ml SQ may be available as investigational product from USAMRIID.</p>   | <p>Botulism antitoxins from public health authorities.<br/>Supportive care and ventilatory support. Avoid clindamycin and aminoglycosides.</p>  |
| <b>Pneumonic Plague</b><br><i>Yersinia pestis</i><br>   | <p>High fever, cough, hemoptysis, chest pain, nausea and vomiting, headache. Advanced disease: purpuric skin lesions, copious watery or purulent sputum production; respiratory failure in 1 to 6 days.</p>   | <p>2-3 days (2-6 days)</p>  | <p>Yes, droplet aerosols</p>   | <p>Droplet Precautions until 48 hrs of effective antibiotic therapy</p>            | <p>A presumptive diagnosis may be made by Gram, Wayson or Wright stain of lymph node aspirates, sputum, or cerebrospinal fluid with gram negative bacilli with bipolar (safety pin) staining.</p>   | <p>Doxycycline 100 mg PO q 12h<br/>Or Ciprofloxacin 500 mg PO q 12h</p>  | <p>Streptomycin 1 gm IM q 12h;<br/>Or Gentamicin 2 mg/kg, then 1.0 to 1.7 mg/kg IV q 8h<br/>Alternatives:<br/>Doxycycline 200 mg PO load, then 100 PO mg q 12h<br/>Or Ciprofloxacin 400 mg IV q 12h</p>   |
| <b>Smallpox</b><br>variola virus<br>  | <p>Prodromal period: malaise, fever, rigors, vomiting, headache, and backache. After 2-4 days, skin lesions appear and progress uniformly from macules to papules to vesicles and pustules, mostly on face, neck, palms, soles, and subsequently progress to trunk.</p>   | <p>12-14 days (7-17 days)</p>   | <p>Yes, airborne droplet nuclei or direct contact with skin lesions or secretions until all scabs separate and fall off (3 to 4 weeks)</p> | <p>Airborne (includes N95 mask) and Contact Precautions</p>                        | <p>Swab culture of vesicular fluid or scab, send to BL-4 laboratory. All lesions similar in appearance and develop synchronously as opposed to chickenpox. Electron microscopy can differentiate <i>variola virus</i> from varicella.</p>   | <p>Early vaccine critical (in less than 4 days). Call CDC for vaccinia. Vaccinia immune globulin in special cases - call USAMRIID 301-619-2833.</p>  | <p>Supportive care. Previous vaccination against smallpox does not confer lifelong immunity.</p> <p>Potential role for Cidofovir.</p>   |